

The Most Effective Treatments for Back, Spine, and Neck Pain including Stem Cell Therapy

Many people are affected by low back, spine, and neck pain. Based on a recent study, low back pain alone causes 1/3 of work-related disability. Illinois Pain Institute specializes in precisely diagnosing and treating the cause of painful conditions. It combines personalized treatments and regenerative medicine to determine the cause and fix the source of your pain so that you can get back to living!

WHERE IS THE MOST COMMON SITE OF PAIN?

The lower back (lumbar region) is one of the more common sites of spine pain. Low back pain may prevent you from lifting, bending, and twisting which can make golfing, skiing, riding, running, and many pleasurable activities a challenge.

WHAT ARE THE COMMON DIAGNOSES FOR THE SOURCE OF BACK, SPINE, AND NECK PAIN?

Pain is multi-factorial and may be related to muscle, nerve, bone, joints, ligaments, arthritis, or discs.

At Illinois Pain Institute, we know that every patient has different needs. Therefore, to make a precise diagnosis, we take the time to listen to you; conduct a comprehensive physical examination; and review your relevant medical history, lab results, and imaging. Our results have been independently verified by the major Illinois insurance companies

HOW IS BACK, SPINE, AND NECK PAIN TREATED AT ILLINOIS PAIN INSTITUTE?

At Illinois Pain Institute, our goal is to diagnose and fix the problem while avoiding surgery, by using interventional pain procedures. Patients receive a personalized care plan prepared by their Illinois Pain physician. Some available treatments include:

- **Precise nerve blocks and site-specific injections**—This approach involves using medication to stop or alleviate pain signal transmission.
- **Neuromodulation**—This technique stimulates the nervous system causing decreased sensation of pain at the effected site.
- **Stem Cell Therapy**—Back, spine, joint, and neck pain is one of the leading indications for stem cell therapy. Many patients have found significant relief after undergoing stem cell therapy.
- **Physical therapy**—Exercises and strengthening may alleviate back pain by improving muscle function.
- **Medications**—Medication may be appropriate in

treating the source of your pain. When indicated, we tend to use medication to fix the problem and not just mask the symptoms.

ABOUT STEM CELL THERAPY AT ILLINOIS PAIN INSTITUTE

The Illinois Pain Institute is committed to staying at the forefront of medical techniques and are proud members of The Regenerative Stem Cell Institute, an organization committed to providing world-class regenerative therapy in conjunction with approved clinical research.

Conditions studied include:

- Orthopedic (knees, hips, spine, elbows, hands, shoulders, feet, etc.)
- Neurologic (Parkinson's, concussions, stroke recovery, MS, ALS)
- Urologic (Peyronie's, erectile dysfunction, and interstitial cystitis)
- Cardiac/Pulmonary (Asthma, COPD, hypertension, lung disease)
- Auto-Immune (Lupus, Crohn's, Rheumatoid Arthritis)
- Ophthalmological (Dry Eye, Macular Degeneration, Glaucoma, Cataracts)

WILL STEM CELL THERAPY WORK FOR ME?

Outcome data, while promising for certain conditions, varies by individual and condition. Upon consultation, our team can provide more specific information.

CONTACT INFORMATION:

Illinois Pain Institute
22285 Pepper Rd Suite 302
Lake Barrington, IL 60010

Barrington Pain and Spine Institute

(Across from Barrington High)
600 Hart Road #300
Barrington, IL 60010
www.IllinoisPain.com
www.StemCellDr.com
(855) 930-PAIN

7 locations in Lake, Kane, McHenry, and DuPage counties

ILLINOIS PAIN INSTITUTE



Terri Dallas-Prunskis, M.D. and John Prunskis, M.D., FIPP

Founded by Barrington-area husband and wife team over 25 years ago, Dr. Terri Dallas-Prunskis was chairman of the pain program at the University of Chicago and Dr. John Prunskis was the most requested anesthesiologist and pain physician at a major suburban hospital, so after they married, they decided to start the first multi-site private pain practice in the Chicago area.

KNOWLEDGEABLE PHYSICIAN TEAM

John V. Prunskis, M.D. FIPP
Terri Dallas Prunskis, M.D.
Chadi Yaacoub, M.D., FIPP
Asghar Rizvi, M.D.
Emanuel N. Husu, M.D.



ABOUT ILLINOIS PAIN INSTITUTE

Illinois Pain Institute (IPI) precisely diagnoses and treats the cause of painful conditions. As the longest-established multisite pain practice in the Chicago area, IPI's outstanding outcomes have been independently verified by the major insurance companies of Illinois.

Conditions treated include: joint, neck, back, and pelvic pain, sciatica, headaches, failed surgery, CRPS, and much more.

